A MEDICINE

NOT PROCESSED PROPERLY IS

A "POISON"

A POISON

PROCESSED PROPERLY IS

A "MEDICINE"

"SO WE PROCESS PROPERLY"





Shortly IntroducingOUR NEW UNITS

Beget BIOTECH

(A Quality Manufacturer of Tablets, Capsules, Syrups, Oils & Ointments)

Bezel COSMETICS

(A Quality Manufacturer of Complete Range of Cosmetics Products)



PRODUCT CARD



ENSURING PURITY & HEALTH

A Quality
Manufacturer of Tablets, Capsules,
Syrups, Oils & Ointments

Manufactured by:

Sire Ayurveda

#3272/1, 4th Lane Behind Bus Stand Bathinda email: sireayurveda@gmail.com www.sireayurveda.com











Our Products Index

BERRIES CAPSULES

Acai Berry

Bilberry

Blueberry

Cranberry

Gojiberry

Dragonberry

Gooseberry

Grapeseed

Greenapple

Mangosteenberry

Babby Massage Oil

Mehak 3D Hair Oil

Sebum Hair Oil

UR Joint Pain Oil

Sova Protein Black

Soya Boost Green

Sova Supro Yellow

DAILY ROG SAFA

POWDERS

UR-JOINT

SIRBET

DAILY FUEL

PROTEIN POWDERS

Seabuckthorn

Kiwiberry

OILS

Baccate

SYRUPS

Antacid

Amritya Syrup (Morning Fresh)

Amritya Dops

Baccate

Cardiovas - 500 ml

Cardiovas - 200 ml

Hepamed - 200 ml

Hepamed - 100 ml

Herbage - 200 ml

Herbage - 100 ml

Hozyme - 200

Hozyme - 100 ml

Iron-c

Jamun-Karela Ras

Liv zvme

Ly pene

CAPSULES

Antacid

Apple Cider Vinegar

Ashwa-SH

Beet Root

Curcumin Plus

Curcu-NS

Dame

Daily Fuel

Daily Fuel 11

Fenugreek

Garlic

Greentea

Green Coffee Bean

Herbage

Haljod+

Horney Goat Weed

Leuco-Care

Mehak XXX Gold

Mem-Sir

Moja-ST

Macca Plus

Noni

SYRUPS

Nari Sir Jivani

Noni

Plato DS

Rakt-KR

Sirebol

Sire Joshanda (Rd/Gr)

Sire Joshanda (Rd/Gr)

Sireon - 200 ml

Sireon - 100 ml

Sire Alkalizer

Triphala Ras - 500 ml

Triphala Ras - 200 ml

U.R. Joint with Omega-3

Wheat grass Liquid

Tulsi Drops

I-SIR Eye Drops

CAPSULES

Potansa (Red)

Potansa (Family)

Piles-30 Plus

Relax-SIR

Shila-K-Plus

Sebum+

Sir-Cardio+

Slimsir

Sicoba+

Spiru

Siral-G

Sirbet

Sir-Liv+

Sir Astha

Sircal D3

Stonet

Tri-Plus

Thyroid Safe

U.R.J Joint+

Uric Acid

Wheat Grass

ABOUT SIRE AYURVEDA

Sire Ayurveda is GMP certified and ISO Compliant Company based at Bathinda, Punjab. We are into Ayurvedic preparations since 2005 and overall in business for more than 40 years. Now our scope of work includes variety of proprietary medicines as well job assignments. Our network and supply range is all over Punjab, Parts of Haryana and Chandigarh. We are glad to mention that some of our job assignments reach nationwide as well as abroad. We have plans to expand and soon we are launching our range of cosmetics and tablets.

OUR CORE VALUES

Avuryeda is not just about cure but prevention. We don't compromise on quality and advise all our prospective dealers and customers to respect the same. Sire Ayurveda is not only just a business to us but is way of our living, thinking, and acting.

We believe "Truth" in all spheres of life and hence our products are best to their qualities. We treat our customers as our associates and deal transparently. At the same time, we respect privacy and data of respective clients is not shared with others.

Sire Ayurveda is a work place where employees are now associated with us since years. This gives us immense satisfaction as we mean to grow together and look the same way at all our stakeholders.

OUR VISION

Our vision is to see all healthy and hailing! We see Sire Ayurveda as a commercial initiative that holds social values with ethics. As a business house we don't put any limit to our reach.

MESSAGE FROM MANAGING DIRECTOR

It is my pleasure and wishful thinking that I want to see people "Living Longer and Healthy". I have years of experience tackling various diseases & medicines and there is no better cure than immunity and prevention. Ayurveda, the science of healthy life narrates to build stronger and robust health. We bring the same to you as Sire Ayurveda.

OUR OBJECTIVES

We thrive to create a niche for Genuine Ayurveda based preparations. Our motive is getting people cognizant about self-care using ayurveda recommended practices. We aim at building a work environment that is social and where everybody is growing together. Our goal is getting reached to maximum household with consent for better life style and better health conditions.

PRODUCTION VALUES

Sire Ayurveda has a wide range of products, Capsules, liquid & oil based and soon cosmetics & tablets will

We have developed a state of art R&D facility that keeps on researching ancient, traditional and modern knowledge bases. We follow strict codes of action and procedures where minimum handling with hands is ensured and all products are packed with utmost care. Sire Ayurveda has capacity to serve on short notices and has back up to boost production to meet up demands.

BUSINESS OPPORTUNITIES WITH SIRE AYURVEDA

We invite stockiest, distributors, representatives and individuals to explore opportunities with us except retail. We are a manufacturing unit with proprietary medicines duly listed on our website www.sireayurveda.com and we specialize in job work based assignments.

CERTIFICATION

Sire Ayurveda is a GMP certified company that following strict compliance of industrial standards. Our work place is ISO 9001:2015 certified and our practices are followed by peers. Sire Ayurveda is known for its value and ethics in circle

Boosts Liver Performance & Detoxifies Body

An Avurvedic Medicine

COMPOSITION : Each 10 ml contains ext derived from herbs en to

Kutki	(Picrorhiza kurroa)	200 mg			
Haritaki	(Terminalia chebula)	200 mg			
Bhui Amla	(Phyllanthus urinaria)	200 mg			
Guduchi	(Tinospora cordifolia)	200 mg			
Kalmegh	(Andrographis paniculata)	200 mg			
Punarva	(Boerhaevia diffusa)	200 mg			
Bhringraj	(Eclipta alba)	100 mg			
Kasni	(Cichorium intybus)	100 mg			
Sarpunkha	(Tephrosia purpurea)	100 mg			
Pitpapra	(Fumaria officinalis)	50 mg			
Sugar, Colour, Flavour &					
Preservative	S	q.s			

Dosage: Adult: 2 teaspoonfull thrice daily. Children: 1 teaspoonfull thrice daily or as directed by the Physician

Hepatitis, Convalescence, Anorexia, Enlarged & Fatty Liver, Biliary Disorders & General Liver Tonic.

Precautions: Avoid Spices, Dry Fruits, Alcohol, Meat, Fish, Egg, Mango & Fatty Food.





HERBAGE

FJOSHANDA Jufa | Banaksha | Vasaka | Tulsi | Honey An Ayurvedic Medicine

COMPOSITION: Each 10 ml. contains extract derived from herbs equivalent to (Adhotoda vasica) Flower (Inula racemosa) Root 200 mg 250 mg.

Pushkarmool (Ocimum sanctum) Leaf 100 mg. 100 mg. (Zingiber officinale) Rhizome Kali Mirch (Piper nigrum) Fruit Pippali Baheda (Piper longum) Fruit (Terminalia bellirica) Fruit 100 mg. 100 mg. Mulathi (Glycyrrhiza glabra) Stem Banaksha (Vola odorata) Plant 50 ma (Acorus calamus) Root (Boehaavia diffuse) Plant 50 mg Punarva (Hyssopus officinals) Plant (Syzynium aromaticum) Fruit (Mentha Piperate) Leaf Honey (As Such) Sugar, Colour, Flavour &

DOSAGE: : 2 Teaspoon thrice daily Children: 1 Teaspoon thrice daily or as directed by the Physician.

The comprehensive cough & cold formula for



HERBAGE

General Tonic for Overall Health

An Ayurvedic Medicine

COMPOSITION: Each 10 ml. contains extract derived

from herbs equivalent to : Withania somnifera 200 mg Ashwagandha Tribulus terrestris Ariun Chall Terminallia ariuna

100 ma 100 mg Asparagus racemosus Bahera Terminalia belerica 100 ma Phyllanthus emblica Kuth Saussurea lanna 100 ma Asteracantha longifolia 100 mg Talmakhana Hard Terminalia chebula 100 mg Kaunch Beej Mucuna pruriens 100 mg Shilaieet Asphaltum 50 ma Bringraj Eclipta alba Shankh Pushpi Convolvulus pluricaulis 50 mg Vadarikand Pueraria tuberose 50 mg Excipients

DOSAGE Adult : 3 Teaspoon twice daily Children : 1 Teaspoon thrice daily

or as directed by the Physician. A health restorative tonic. General weakness. Mal nutrition and Anaemias.

ALKALIZER

long lasting relief.

ਗਰਦੇ ਦੀ ਪੱਥ਼ਰੀ ਅਤੇ ਪਿਸ਼ਾਬ ਰੋਗਾਂ ਲਈ

An Ayurvedic Medicine

Each 10ml. contains ext. derived from

herbs equ. to : 800 mg. Boerhaavia diffua (Punarva) 800 mg. Pedalium murex (Gokhru) 800 mg. Crataeva nurvala (Varun) Dolichos bifforus (Kultha) 800 mg. Hemidesmus indicus (Sariva) 200 mg. Piper cubeba (Sheetal Chini) 160 mg. Berginia ligulata (Pashanbhed) 200 mg. Mimosa pudica (Laiwanti) 200 ma. Butea frondosa (Plas) 200 mg. Mooli Kshar 150 mg. Sendha Namak 50 mg. Sajji Khar 50 mg. Sugar Preservatives, Colours & Flavours

n s Dosage: Two or three tea spoonful twice daily or as directed by the Physician.

An ideal renal stone remover & Alkalizer



अलकालाइजर

JOSHANDA

Jufa | Banaksha | Vasaka Tulsi | Honey An Ayurvedic Medicine

COMPOSITION: Each 10 ml. contains extract derived

from herbs equivalent to : (Adhotoda vasica) Flower Vasaka Pushkarmon (Inula racemosa) Root (Ocimum sanctum) Leaf 250 mg. Sonth (Zingiber officinale) Rhizome 100 mg. Kali Mirch (Piper nigrum) Fruit 100 ma. (Piper longum) Fruit 100 mg. Raheda (Terminalia bellirica) Fruit 100 mg Mulathi (Glycyrrhiza glabra) Stem 50 ma. (Vola odorata) Plant 50 mg. Vacha (Acorus calamus) Root 50 ma Punarva (Boehaavia diffuse) Plant 50 ma (Hyssopus officinals) Plant 25 mg. Lavng Pudina Satwa (Syzygium aromaticum) Fruit 20 mg (Mentha Piperate) Leaf 10 mg Honey (As Such)

Sugar, Colour, Flavour & Presevative DOSAGE: Adult: 2 Teaspoon thrice daily

Children: 1 Teaspoon thrice daily or as directed by the Physician. The comprehensive cough & cold formula for long lasting relief. The comprehensive cough & cold formula for



जोशांदा

PLATO-DS

Boosts Platelets Count

An Ayurvedic Medicine

Composition:

Each 5ml contains liquid extracts of: Gilov (Tinospora cordifolia) Papaya (Carica papaya) Wheatgrass (Triticum aestivum) Aloevera (Aloe Barbadensis) Kiwi (Actinidia deliciosa) Tulsi (Ocimum tenuiflorum) Black Pepper (Piper nigrum) Sorbitol, Preservatives, Colour

& Flavours Dosage: Adult 15-30 ml 3 times daily In children 5-10 ml 3 times daily

- Or as directed by the physician. Specially for Platelets, Typhoid & illness recovery.
- Also helpful in dengue.
- Helpful in all kind of flu & fever. Beneficial in indigestion and acidity





पलैटो-डीएस

SIREON

Iron and Calcium Syrup

An Ayurvedic Medicine COMPOSITION

Each 10ml contains extracts derived from herbs equivalent to : Shatawari (Asparagus racemosus) Rt 150 mg. Kasni Beej (Cichorium intybus) WP 100 ma. Bhringrai (Eclipta alba) WP 250 mg. Vidari Kand (Ipomoea peniculata) Rt 100 mg. Amla (Phyllanthus emblica) Ft 300 mg. Shilajeet (Shilajeet) Ext 25 mg. Makoya (Solanum nigrum) WP 50 ma. Ariun chall(Terminalia arjuna) Bk 100 ma. Gokhru (Tribulus terrestris) Ft. 150 mg Ashavgandha (Withania somnifera) Rt 150 mg. Sugar, colour, flavour & Preservative

DOSAGE: Adult : 2 Tea spoon full thrice daily. Children: 1 Tea spoon full thrice daily or as directed by physician.

A health restorative tonic, General weakness, Mal nutrition and Anaemias.

हाजमा और पाचन शक्ति के लिए

Each 10ml. contains ext. derived from herbs

(Trachyspermum ammi)

(Phyllanthus niruri)

(Plumbago zevlanica)

(Tinospora cordifolia)

(Operculina Turpethum)

(Tephrosia purpurea)

(Picrorhiza kurrooa)

(Eclipta prostrata)

(Berberis aristata)

100 mg.

200 mg.

120 ma.

120 mg.

200 mg.

120 mg.

120 mg.

100 mg

120 mg

120 mg.

120 mg.

300mg

100mg

200ma

100mg

100mg

100mg

200mg

200mg

100ma

200mg

100mg

100mg

100mg

OS

NARI

IN AVIL SE

नारी सर जीवनी

An Ayurvedic Medicine

Sarapunkha (Boerhavia diffusa)

Sugar, Permitted colours, flavours &

Dosage: Adult: 2 Teaspoonful thrice daily

Anorexia, Enlarged & Fatty Liver, Biliary

NARI SIR JIVANI

An Ayurvedic Medicine

Ashawagandha (Withania somnifera)

Ashok Chall (Saraca indica)

Lodh (Symplocos racemosa)

Satavari (Asparagus racemosus)

Aloe veera (Aloe barbudensis mill)

Vadarikand (Pueraria tuberosa)

Ajwain (Trachyspermum ammi)

Sugar, Colours, Flavours

water twice daily or as directed by physician.

DOSAGE: One to two table spoonful with equal quantity of

Nari Sir Jivani helps in anemia, loss of

appetite, general weakness, other conditions of ill

health and complection. It also helps to remove

pelvic pain, back pain, head ache, giddiness and

Bhel (Aegle marmelos) Saunf (Foeniculum vulgare)

monthly troubles.

Ariun Chall (Terminalia ariuna)

Amla (Phyllanthus emblica)

Rasaunt (Berbris eycium)

Dashmool (Dashmool)

Kuth (Saussurea lappa)

Complete Female Health Care

Each 10ml, contains ext. derived from herbs equ. to :

Disorders, General, Liver & Enzyme Tonic.

Children: 1 Teaspoonful thrice daily or

as directed by the Physician.

LIV-ZYME

COMPOSITION

equivalent to

Ajwain

Bhuiamla

Bhringraj

Daru Haridra

Chitrak

Kutki

Trifla

Nishoth

Punarnava

preservative.



LIV-ZYME

RAKAT KR+

Blood Purifier and Skin Health An Ayurvedic Medicine

COMPOSITION: Each 10 ml. contains extract derived

from neros ed		
Neem	(Azadirachta indica) Bark	250 n
Mundi	(Sphaeranthus indicus) Plant	250 n
Sariva	(Hemidesmus indicus) Root	250 n
Chandan	(Santalum album) Bark	50 n
Giloy	(Tinospora cordifolia) Stem	50 n
Haridra	(Curcuma longa) Rhizome	50 n
Haritaki	(Terminalia chebula) Fruit	50 n
Siris	(Aivizzia lebbeck) Seed	50 n
Aloe vera	(Aloe barbadensis) Leaf	50 n
Charyata	(Swertia chirayita) Plant	20 n
Sugar, Colour	Flavour	
& Preservativ	е	

DOSAGE: Adult : 2 Teaspoon thrice daily

Children: 1 Teaspoon thrice daily or as directed by the Physician.

Chronic dermatitis, Hyper pigmentation, Acne vulgaris & affective blood purifier of all age groups



रकत के आर प्लस

SIREBOL

Nervine Stimulant Memory Booster

An Ayurvedic Medicine

COMPOSITION: Each 10 ml. contains extract derived

from herbs equivalent to :			
i	Brahmi	(Centella asiatica) Herb	500 mg
ı	Shank pushpi	(Convolvulus pluricauils) W. Plant	200 mg
ı	Amla	(Phyllanthus emblica) Fruit	200 mg
ı	Arjun Chall	(Terminalia arjuna) Bark	200 mg
ı	Bhringraj	(Eclipta alba) Herb	100 mg
ľ	Ashwagandha	(Withania somnifera) Root	100 mg
i	Jatamansi	(Nordostachys jatamansi) Root	50 mg
ı	Vacha	(Acorus calamus) Rhizome	50 mg
ı	Sarpagandha	(Rauwolifia serpentina) Root	50 mg
ı	Sugar, Colour F	lavour	
ď	& Preservative		a n

DOSAGE -

Adult : 2 Teaspoon thrice daily Children: 1 Teaspoon thrice daily or as directed by the Physician

It helps in weak memory, Learning, Concentration, Recall ability & cerebritus for all age groups as a



SIRE

U.R.JOINT With OMEGA-3

A Combination for Joint Pain Reliever

An Ayurvedic Medicine

COMPOSITION : Each 10 ml contains extract

- 1	derived from ne	erbs eq. to :	
	Shallaki	(Boswellia serrata)	100 mg.
	Ashwagandha	(Withania somnifera)	100 mg.
ш	Nirgundi	(Vitex negundo)	100 mg.
П	Flex seed	((Linum usitatissimum))	100 mg.
	Methi	(Trigonella foenum-graecum)	50 mg.
	Sumjan	(Colchicum autumnale)	50 mg.
	Gorakhmundi	(Sphaeranthus indicus)	50 mg.
	Rasna	(Pluchea lanceolata)	25 mg.
	Punernava	(Boerhavia diffusa)	100 mg.
	Pippali	(Piper longum)	25 mg.
	Haldi	(Curcuma longa)	150 mg.
	Sonth	(Zingiber officinale)	50 mg.
	Shilajit	(Pue asphaltum)	10 mg.
	Triphala	(Ayurvedic drug)	100 mg.
	Gokhru	(Tribulus terrestris)	100 mg.
	Malkgani	(Celastrus paniculatus)	25 mg.
	Hadjod	(Cissus quadrangularis)	100 mg.
	Guggal	(Commiphora wightii)	100 mg.
	Sugar, Colours	, Flavour & preservatives	q.s.
	B0010E		

DOSAGE :

Adult : 2-3 tea spoon twice daily after meals

Anti-oxidant, metabolism of uric acid painful joints



युआर जुआईन्ट

An Avurvedic Medicine

COMPOSITION: Each 10 ml, contains extract derived from herbs equivalent to

(Foeniculum vulgare) Fr. 200 mg. Mulathi (Glycyrrhiza glabra) St. 300 mg. 200 mg. Amla (Phyllanthus emblica) Fr. Gilov (Tinospora cordifolia) St. 100 mg Harar (Terminalia chebula) Fr. 200 mg Behera (Terminalia belerica) Fr. 200 mg. (Aeale marmelos) Fr. 200 ma. Bilwa Nishoth (Operculina turpethum) Rt. Bk 100 mg. (Sarikshar) 25 mg (Boerhaevia diffusa) Pl. Punamava 100 ma. (Cuminum cyminum) Fr. 100 mg. Zira Safed Sugar, permitted colours, flavour & preservatives

DOSAGE: Adults: 2 teaspoonful 3-4 times a day Children: 1 teaspoonful 3-4 times a day or as directed by the Physician.

Hyperacidity, Flatuance & other allied stomach throubles.





ANTACID

20 to 30 ml preferably twice on

HO-ZYME

COMPOSITION:

equivalent to

Amla

Mooli

Sanuf

DOSAGE:

BACCATE

Each 10 ml. serves

Acalberry

Gojiberry

Cranberry

Blueberry

Alcevera

Green Tea

Kiwi

Mangostee

Dragon Fruit

Grape Seed

Seabuckthorn

Achwagandha

Powerpacked Immunity Booster Formula

300 mg

300 mg 300 mg

300 mg

300 mg 250 mg

250 mc

250 mc

250 mc

200 mg

BACCATE

and evening or as directed

हाजमा और पाचन शक्ति के लिए

An Ayurvedic Medicine

Each 10 ml contains ext. derived from herbs

Harda (Terminalia chebula) Fruit

Bahera (Terminalia belerica) Fruit

Mulathi (Glycyrrhiza glabra) Stem

Guduchi (Tinospora cordifolia) Stem

(Phyllanthus emblica) Fruit

(Foeniculum vulgare) Seed

Punarva (Boerhaevia diffusa) Whole plant

Ajwain (Trachyspermum ammi) Seed

(Raphanus sativus) Root tuber

How to Use

orbitol, Colour, Flavour &



HO-ZYME

IRON-C

Increases Haemoglobin Level & Fights Anaemia

Each 10ml, serves (approximately): Ferrous Ascorbate

egu, to Elemental Iron 100 mg. Folic Acid 1.5 ma. Sorbitol, Colour, Flavour and Preservatives

Appropriate overages of vitamins added to compensate the loss on storage.

DOSAGE: Adult : 2 Tea spoon full thrice daily. Children: 1 Tea spoon full thrice daily or as directed by physician.

Keep out of reach of children.

Do not accept if the seal is broken Keep in a cool & dark place

SHAKE WELL BEFORE USE.

Dietary Food Supplement. Not for Medicinal Use

LY-PENE

Fach 10ml serves :

Lycopene 10%

Ascorbic Acid

Sodium Selenite

ea to Selenium

Zinc Gluconate

Manganese Sulfate

Riboflavin Sodium Phosphate

Colour : Ponceau-4R & Caramel

to compensate for loss on storage.

ed to Mandanese

eg, to Riboflavin

ea to Zinc

Vitamin B1

Vitamin B6

Vitamin E Acetate

Vitamin A



Sugar, Colour, Flavour & Preservatives Digestive Tonic for Digestive upsets & Loss of appetite

Adult : 2 Teaspoon thrice daily Children: 1 Teaspoon thrice daily or as directed by the Physician.

Each 10 mile	contains extracts of :	
Tulsi	Occimum sanctum (Lf)	200 mg
Dalchini	Cinnamomum verum (Bk)	100 mg
Ashwagandha	Withania somnifera (Rt)	100 mg
Mulethi	Glycyrrhiza glabra (St)	100 mg
Giloy	Tinospora cordifolia (St.)	100 mg
Green Tea	Camelia sinensis (Lf)	100 mg
Ginger	Zingiber oficinale (Rz)	50 mg
Long Pepper	Piper Longum (Ft.)	50 mg
Black Pepper	Piper nigrum (Ft.)	25 mg
Sarbitol, Preserva	tives	
		Os

In children 5-10 ml twice daily. In a cup of hot water. Or as directed by the physician.

are rich in natural anti-oxidants to improve Energy Level, Stamina & Immunity.



हो-जार्डम



अमृत्या मोरनिंग फरैश SIRE

NONI RAS

Boosts Immunity & Rejuvenating Formula

Morinda Citrifolia: Natural gifted full of anti-oxidant, Vitamins & Mineral, which is required by our body cells & immune system.

Aloe-Vera: Natural detoxifying agent with amino acids Vitamins & minerals it helps to break down of food sugar and fats aiding digestion and enhancing. Garcinia Cambogia : Increases Glyclogen Synthesis & decreases fatty acids synthesis at same time. This is unheard of in normal nutritional process.

Amla: Rich in Vitamin C. Calcium, Cellulose & tannic acid.

Mulathi : Natural Sweetener. Each 10 ml contains extracts derived from herbs. Morinda citrifolia 300 mg. Aloe vera 200 mg. (Enriched with) Mulethi 100mg. Amla 50mg., Galoy 50 mg., Garcinia cambogia 50 mg., Sorbitol as base Qs.

FOOD SUPPLEMENTS NOT FOR MEDICINAL USE Children & Pregnant women should take under the advice of dietitian / Physician. SHAKE WELL BEFORE USE

Dosage: Adults 15-20 ml twice a day. Above 10 Years: 5-10 ml twice a day For general fitness & rejuvenation



NEEM JAMUN KARELA Ras

For Diabetes & General Health

An Avurvedic Medicine

COMPOSITION: Each 10 ml contains ext. derived from herbs eq. to : Jamun Fruit (Eugenia iambolana) 300 mg Karela Fruit (Momordia charantia) 50 mg Neem (Azadirachta indica)

50 ma (Tinospora cordifolia) 50 ma Gokhru (Tribulis terrestris) 25 mg (Swertia chiravaita) Chirata (Trigonella foenum-graecum) 25 mg Methi Sorbitol, Flavour & Permitted Preservatives q.s.

Karela: Is useful in keeping blood glucose levels in control. Enriched with goodness of Calcium & Multivitamins.

Jamun : A Boon for the diabetic patients Avurved recommends to keep a check on the sugar level in blood.

Caution: Hypoglycemia individuals Pregnant or feeding mother should not consume the preparation. DOSAGE :

Adult : 2 Teaspoon thrice daily or as directed by the Physician.



नीम जामन करेला

SIRE

WHEAT GRASS

Immunity Booster and Detoxifier

An Ayurvedic Medicine COMPOSITION: Each 10 ml contains

ext. derived from herbs eq. to : Wheatgrass 300 mg 200 mg Moringa Triphala 100 ma Giloy 50 mg Sorbitol, colours, flavours &

Dosage: 15-20ml twice a day with water or as directed by Dietician.

Caution: Do not use if puffed.

Benifits of Wheaturass :-

preservatives

SIRE

- Excellent antioxidant action protects from free radical.
- Improves Hb level, eye sight & overcomes weakness.
- Excellent co-therapy in cancer, diabetes, kidney problems and asthma.
- Improves digestion and metabolism.
- Provied energy and boost the immune system.



TRIPHALA PLUS

हाजमा और पाचन शक्ति के लिए An Ayurvedic Medicine

COMPOSITION - Each 10 ml contains

ext. derived from herbs eq. to : Terminalia chebula 4:1 333 mg. Cuminum cyminum 75 mg. Terminalia bellirica rox 4:1 333 mg. Sorbitol, Flavour &

Emblica officinalis 4:1 333 mg. Permitted Preservatives q.s. Foeniculum vulgare Guna: Guru, Ruksha, Sheetha

Virva : Sheeta. Vipaka : Madhura Tridochahara (halancee uitiated eveteme)

- Controls the harmful effect of Diabetes.
- Daha prashamana (relieves burning sensation) Rasavana (reiuvenating, prevents aging and disease) Chakshushya (good for eyes)
- Controls the unwanted greying and falling of hair.
- Makes the body slim & smart. Increases the hemoglobin percentage in the blood. Kushtaghna (reiuvenates skin)
- Effective Dietary supplements before and after delivery Terminalia bellerica Roxb helps to make breathing comfortable by helping in smooth expectoration of cough

Dosage: 10 to 20ml, twice a day with water or as directed by the dietitian Store in a cool & dark place SHAKE WELL BEFORE USE



CARDIOVAS

Supports Healthy Heart & Controls Cholesterol An Avurvedic Medicine

COMPOSITION : Each 5ml contains extracts derived from the herbs eq. to:

(Terminalia arjuna) Arjun Chall Dash Mool (Oroxvlum indicum) Punarnava (Boerhavia diffusa) 300 mg. Shankh Pushpi (Convolvulus pluricaulis) 150 mg. Brahmi (Bacopa monnieri) Ashawgandha (Withania somnifera) 150 mg. 150 mg. Sorbitol as base

Arjun Chall Terminalia ariuna is alterative. astringent, cardiac stimulant, hemostatic, rejuvenative tonic

Dashmool It nourishes and tonifies the muscles, strengthens the body, and calms the nervous system Punarvana It removes excess fluid from

the cardiovascular system Ashwgandha Reduces cholesterol levels & symptoms of anxiety

DOSAGE: Adults: 2-3 Teaspoonful thrice daily with water Children: 1-2 Teaspoonful thrice with water. Or as directed by the Physician



काडीओवास

UR JOINT For Joint & Muscular Pain OIL

Relieves Joints Pain An Ayurvedic Medicine

Each 25 ml Contains : Gandhpura Oil (Winter Green Oil)

Maha Narain Oil 5% 8% Pudina Oil Neelgiri Oil 8% Lavng Oil 1% Turpentine Oil 15% Maal Kangani Oil 2% Til Oil Q.S.

Application: To be massaged gently on the skin over affected part so to facilitate penetration.

Joint Pains, inflammation sprains and strains, stiff neck, Backache and other Muscular Pain.

FOR EXTERNAL USE ONLY



योर जॉइंट



Dosage : Adult : 2 Tea spoon full thrice daily. Children: 1 Tea spoon full thrice daily or as directed by physician / dietician FOOD SUPPLEMENTS NOT FOR MEDICINAL USE

Sugar, Colour, Flavour & Preservatives q.s.

Appropriate overages of vitamins added



1000 mca

1600 LU

10 I.U.

50 ma.

35 mcg

2 mg.

2 ma.

3 mg.

1.5 mg.











An Ayurvedic Medicine Ingredients :

Each 10 ml Contains Extracts of :				
Tulsi	Occimum sanctun	n (Lf)	200 mg	
Dalchini	Cinnamomum ver	um (Bk)	100 mg	
Ashwagandha	Withania somnifer	a (Rt)	100 mg	
Mulethi	Glycyrrhiza glabra	(St)	100 mg	
Giloy	Tinospora cordifol	ia (St.)	100 mg	
Green Tea	Camelia sinensis	(Lf)	100 mg	
Ginger	Zingiber oficinale	(Rz)	50 mg	
Long Pepper	Piper Longum (Ft.)	50 mg	
	Dinor pigrum (Et.)		25 ma	

Color & Flavours Dosage: Adult 10-15 ml twice daily.

Useful in Prevention of free radical damage and



CURCU-NS

Relieves from Arthritis Sciatica & Joint Pain An Avurvedic Medicine Each capsule contains dry ext. derived from herbs

Haldi (Curcuma longa) 400 ma. Nirgundi (Vitex negundo) 50 mg. Sonth (Zingiber officinale) 50 mg.

Dosane : 1-2 Cansules twice a daily or as directed by the Physician

Fights Inflammation, Antioxidant, Protects the heart in various ways. Helpful in Arthritis, may help in fighting Diabetes and Cancer, Protects Bone Cells, Boost Internal Healing Mechanism.



करकय एनएस

LEUCO-CARE

Helps to Cure Leucorrhoea

An Ayurvedic Medicine Each capsule contains dry ext. derived from herbs eq. to 300 mg. 150 mg. Ashoak chail (Saraca asoca) (Symplocos pancimosa) Bahnol (Acaia nilotica) Ambahaldi 100 mg. (Curcuma amda) (Mimosenstiva seed) 75 mg (Berberis aristata) 50 mg Rasaount Tarwar (Cassia auriculata) Kumari (Aloevera) 25 ma Excipients

Dosage: 1-2 Capsules twice a daily or as directed by the Physician Iron deficiency, Various menstural disorder, Premature syndrome Irregular periods and abnormal bleeding, Lecorrhoea, Hysteria & Anxiety, Loss of interest in



सायर	_	
ली	को	केयर

SIRE

DAME

Balances Hormones & Menstrual Regulator An Ayurvedic Medicine Each capsule contains dry ext. derived from herbs

200 mg. (Saraca asoca) Ashoka Shatayari (Asparagus racemosus) 100 mg. Lodhara (Symplocos) 50 mg. (Rasaniana) 50 mg. Rasount Rahool (Vachellia nilotica) 50 mg.

50 ma.

Vadarikand (Pueraria tuberosa) Dosage: 1-2 Capsules twice a daily or as directed by the Physician

A general tonic best for women's health useful in issues related to menses such as excessive pain, excessive discharge, hormonal imbalance, iron deficiency etc. useful to treat female infertility.



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MEM-SIR

leading normal life

Nervine Stimulant & Memory Booster An Ayurvedic Medicine Each capsule contains dry ext. derived from herbs :

Shankhushpi (Convolvulus pluricaulis) 150 mg. (Racona monnieri) 150 mg. Brahmi 50 mg. Vacha (Acorus calamus) Bringraj (Eclipta prostrata) 50 mg. (Celastrus paniculatus) 50 mg. Mal Kanoni (Panax) Ginasina 50 ma.

Dosage: 1-2 Capsules twice a daily or as directed by the Physician

Helps in boosting memory and retention, relieves mental stress, Controls blood pressure, Helps in overcoming stress and anxiety, Helps in relaxing the mind. Boosts sound sleep



मैम-सर

HALJOD

Fastens Recovery of Fractured Bones An Avurvedic Medicine

Each capsule contains dry ext. derived from herbs : Curcumin (Curcuma longa) 250 ma.

Hadiod (Cissus quadrangularis) 250 ma.

Dosage: 1-2 Cansules twice a daily or as directed by the Physician

Strengthen bones. Helps to cure fractured bones. Hemorrhoids, and Scurvy, Cares health of Joints, Improves immunity against harmful micro-organisms, Fights Inflammation, Antioxidant,





हलजोड

MOJA-ST

Supports Healthy Digestion & Metabolic Processess An Ayurvedic Medicine Each capsule contains dry ext. derived from herbs

(Ayurvedic drug) 200 mg. (Foeniculum vulgare) 50 mg. Dhaina (Coriandrum sativum) 50 mg. Jeera (Cuminum cyminum) 50 mg. Alnevera (Rarhadensis) 100 mg. (Glycyrrhiza glabra) 50 ma. Dosage: 1-2 Capsules twice a daily

or as directed by the Physician

Helps in relieving pain of abdomen due of gas and acidity prevent and cure disorder of stomach and intestines, helps in loss of appetite, regulates digestive enzymes.



मोजा-एसटी

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SIRE SIRAL-G

Fights with Indoor and Outdoor Allergies An Ayurvedic Medicine

Each capsule contains dry ext. derived from herbs : Curcumin (Curcuma longa) 200 ma (Albizzia lebbeck) 100 ma. 100 mg. Neem (Azadirachta indica) Trinhala (Avurvedic drua) 50 ma. Aloevera (Barbadensis)

Dosage: 1-2 Capsules twice a daily or as directed by the Physician

Helps in skin and respiratory allergies including dust allergy, helps in asthmatic symptoms such as sneezing, wheezing etc. Acts as detoxifying agent, relives skin information.



सायरल-जी

ASHWA-SH

Boosts Energy, Builds Immunity & Improves Stamina An Ayurvedic Medicine

Each capsule contains dry ext. derived from herbs : Ashwagandha (Withania somnifera) 450 mg. Shilajeet (Asphaltum)

Dosage: 1-2 Capsules twice a daily or as directed by the Physician

Boosts energy level and stamina, improves health in general weakness, useful in reducing,

debilitating conditions including fatigue, stress, anxiety, palpitation, ageing and nervous breakdown etc. relives muscular tension



अश्वा-एसएच

PILES-30+

For Haemorrhoid, Piles & Constipation An Ayurvedic Medicine

Each capsule contain	ns dry ext. derived from herbs	eq. to:
Rasanjan (Rasaunt)	(Berberis aristata)	200 mg.
Haritki	(Terminalia chebula)	100 mg.
Nagkesar	(Mesua ferrea)	50 mg.
Aloevera	(Barbados aloe)	50 mg.
Neem giri	(Azadirachta indica)	50 mg.
Kapas giri	(Gossypium herbaceum)	50 mg.
Reetha buckal	(Sapindus mukorossi)	20 mg.
Amaltas	(Cassia fistula)	20 mg.
Giloy	(Tinospora cordifolia)	20 mg.
Phatkari (Phul)	(Anethum graveolens)	10 mg.
Excipients		q.s.
Dosage: 1-2 Capsule:	s twice a daily	
an an discreted by the	Dhusiaian	

Chronic and acute piles, external & internal piles.

fissures bleeding piles, information & pain around



पईलस-30प्लस



POTANSA Ayurvedic Proprietary Medicine

For Vitality, Vigour, Stamina & Performance Each capsule contain dry ext. derived

from herbs equivalent to Lavang Jaiphal

Dosage : 1-2 Capsules twice a daily or as directed by the Physician

Helps in conditions of nervous disability and general weakness, improves potency vitality and resistance, enhances sperm court in males, Deals with issues such as dysfunction and premature ejaculation.



पोटांसा

PILES-30+

SIRE

For Haemorrhoid, Piles & Constipation An Avurvedic Medicine

Each capsule contain	ns dry ext. derived from hert	s eq. to :
Rasanjan (Rasaunt)	(Berberis aristata)	200 m
Haritki	(Terminalia chebula)	100 m
Nagkesar	(Mesua ferrea)	50 m
Aloevera	(Barbados aloe)	50 m
Neem giri	(Azadirachta indica)	50 m
Kapas giri	(Gossypium herbaceum)	50 m
Reetha buckal	(Sapindus mukorossi)	20 m
Amaltas	(Cassia fistula)	20 m
Giloy	(Tinospora cordifolia)	20 m
Phatkari (Phul)	(Anethum graveolens)	10 m
Excipients	-	q.

Dosage: 1-2 Capsules twice a daily or as directed by the Physician

Chronic and acute piles, external & internal piles fissures, bleeding piles, inflammation & pain







(Trigonella foenum-graecum) 50 mg.

(Camellia sinensis) Dosage: 1-2 Capsules twice a daily or as directed by the Physician

Reduces Hair fall, improves blood circulation of the Head/Scalp, Regenerates hair, nourishes hair roots, provides shine



सीबम+

SIRE

POTANSA+

For Vitality, Vigour, Stamina & Performance

An Ayurvedi	ic Medicine	
Each capsule conta	s eq. to:	
Ashwagandha	(Withania somnifera)	300 ma
Satavari	(Asparagus racemosus)	200 mg
Kaunch Beej	(Mucunda fruita hook)	100 mg
Shilajeet	(Asphaltum)	150 mg
Lavang	(Syzygium aromaticum)	100 mg
Jaiphal	(Myristica fragrans hoult)	100 mg
Vidhara	(Argyreia nervosa)	100 mg
Gokhru	(Tribulus terrestris)	80 mg
Yashad Bhasam	(Bhasam)	25 mg
Keser	(Crocus sativus)	2 mg
Loh Bhasam	(Ferum)	25 mg
Bang Bhasam	(Satnum)	25 mg
Swaran Bang	(Bhasam)	25 mg
Excipients		q.s

Dosage: 1-2 Capsules twice a daily or as directed by the Physician

Helps in conditions of nervous disability and general weakness, improves potency vitality



पोटांसा+

SHILA-K PLUS

For Vitality, Vigour, Stamina & Performance An Ayurvedic Medicine

Each capsule contains dry ext. derived from herbs

Shilajeet (Asphaltum) 400 mg. Kaunch beej (Mucuna pruriens) 100 ma. Dosage: 1-2 Capsules twice a daily or as directed by the Physician

> Boosts energy and memory, uplifts, mood, balances blood sugar, enhances potency and absorption of vital nutrients, fights general



शिला-के प्लस

SICOBA+

For Vitality, Vigour, Stamina & Performance

An Ayurved	dic Medicine	
ach capsule conf	ains dry ext. derived from herbs	eq. to:
Ashwagandha	(Withania somnifera)	300 mc
Satavari	(Asparagus racemosus)	200 mg
Kaunch Beej	(Mucunda fruita hook)	100 mg
Shilajeet	(Asphaltum)	150 mg
avang	(Syzygium aromaticum)	100 mg
laiphal	(Myristica fragrans hoult)	100 mg
/idhara	(Argyreia nervosa)	100 mg
Gokhru	(Tribulus terrestris)	80 mg
rashad Bhasam	(Bhasam)	25 mg
Keser	(Crocus sativus)	2 mg
oh Bhasam	(Ferum)	25 mg
Bang Bhasam	(Satnum)	25 mg
Swaran Bang	(Bhasam)	25 mg

Dosage: 1-2 Cansules twice a daily

Helps in conditions of nervous disability and general weakness, improves potency, vitality and resistance enhances sperm count in males deals with issue such as erectile dysfunction and premature



सिकोवा

SIRE

Controls Cholesterol & Detoxifies Body An Avurvedic Medicine

Each capsule contains dry ext. derived from herbs :		
Kutki	(Picrorhiza kurrooa)	100 m
Kalmegh	(Andrographis paniculata)	100 m
Triphala	(Ayurvedic drug)	50 m
Bhringraj	(Eclipta prostrata)	50 m
Kasni	(Cichorium)	50 m
Giloy	(Tinospora cordifolia)	50 m
Punernava	(Boerhavia diffusa)	50 m
Mokoi	(Solanum nigrum)	50 m
	apsules twice a daily by the Physician	
Boot for Liver Detection sport for liver Uneful in Henstit		

Best for Liver, Detoxification agent for liver, Useful in Hepatiti Reduces convalescence. Treats enlarged and fatty liver Cures biliary disorders, Maintains cholesterol and sugar levels Precautions: Avoid Spices, Dry Fruits, Alcohol, Meat, Fish, Egg, Mango & Fatty Food.



सर-लिव+

Herbal Combination that controls cardiac Rhythm An Avurvedic Medicine

Each capsule contains dry ext. derived from herbs :

(Terminalia ariuna) 200 ma Dalchini (Cinnamomum verum) 75 mg Punamaya (Boerhavia diffusa) 50 mg. (Bacopa monnieri) 75 ma. Shankhpushpi (Convolvulus pluricaulis) 50 mg. Ashwagandha (Withania somnifera) 50 mg.

Dosage: 1-2 Capsules twice a daily or as directed by the Physician

Good cardiac health stimulant and rejuvenate agent nourishes and tones muscles, strengthens the body, Good for nervous system, Removes extra fluid from cardiovascula system, Balances cholesterol level, Helps in anxiety, Cures cardiac and cardiovascular system diseases



SLIMSIR

Boosts Metabolism and Weight Loss An Avurvedic Medicine

Each capsule contains dry ext. derived from herbs (Glycyrrhiza glabra) (Eclipta prostrata) 100 mg. Amla (Phyllanthus emblica) 100 mg. Manjistha (Rubia cordifolia) 50 mg. (Phyllanthus ninuri) 50 mg Bhui amla Methi (Fenuareek) Green tea (Camellia sinensis) Dosage: 1-2 Capsules twice a daily

or as directed by the Physician Reduces fat and weight, boosts metabolism mechanism burns calories faster, helps to maintain body mass index for overweight.



SIRBET+

Anti Diabetic & Balances Metabolism An Avurvedic Medicine

Each capsule contains dry ext. derived from herbs:

(Gymnema sylvestre) 100 mc (Momordica charantia) 100 mg. Neem (Azadirachta indica) 75 mg. (Tinospora cordifolia) 75 ma (Tribulus terrestris) 50 mg. Methi 100 mg. (Fenugreek)

Dosage: 1-2 Cansules twice a daily or as directed by the Physician

Control Diabetes, prevents fluctuations of blood sugar levels, acts as an adjuvant to insulin or other oral hypoglycemia agent, enriched in calcium, potassium, magnesium and vitamins

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सरबिट

SIRE **SPIRU**

Antioxidant & Immunity Booster

Each capsule serves:

Snirrulina (Spirulina platensis) 500 mg. Dosage: 1-2 Capsules twice a daily or as directed by the Physician/dietician

Antioxidant that reduces wear and tear in the body. Helps in improving Immunity and energy booster for healthy cardio vascular system that keeps heart healthy during chemotherapy and reduces ageing effects. Rich in micro-nutrients, natural proteins, vitamins, minerals, omega 6 fatty acids.

FOOD SUPPLEMENTS NOT FOR MEDICINAL USE _____



SIRE

TRI-PLUS

Helps To Cure Constipation & Maintains Gut Health An Avurvedic Medicine

Each capsule contains dry ext. derived from herbs

(Ayurvedic drug) (Foeniculum vulgare) 100 mg. Mulathi (Glycyrrhiza glabra) 100 mg.

Dosage: 1-2 Capsules twice a daily or as directed by the Physician

Improves digestive system, Alleviate symptoms of headache due acidity conditions. Useful in constipation and diarrhea, Good for eyesight, Maintains blood pressure, Useful for healthy skin, Purifies Blood, Works for healthy liver.

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टराई प्लस

SIR-ASTHA CARE

Natural Cough & Asthma Reliever

An Ayurvedic Medicine				
Each capsule contains dry extracts of:				
Vasaca	Justicia adhatoda	100 mg		
Somlata	Ephedra gerardiana	50 mg		
Tulsi	Ocimum tenuiflorum	50 mg		
Mulathi	Glycyrrhiza glabra	50 mg		
Kulanjan	Alpinia galanga	50 mg		
Kakarsingi	Pistacia integerrima	50 mg		
Kasondi	Cassia occidentails	50 mg		
Kantkari	Solanum virginianum	50 mg		
Curcumin	Curcuma longa	50 mg		
Dosage: 1-2 Capsules twice a daily				

or as directed by the Physician

A total relief for symptoms of asthmatic cough by revitalizing lungs. Useful in bronchial asthma, bronchitis, smokers cough, chest congestion, allergic & nocturnal cough etc.



सर अस्था केयर

U.R.J JOINT+

Relieves from Arthritis, Sciatica & Joint Pain An Avurvedic Medicine

Each capsule contains dry ext. derived from herbs : Shallaki (Boswellia serrata) Guggal (Commiphora wightii) 100 ma. (Pluchea lanceolata) 50 ma. Rasna Flex seed (Linum usitatissimum) 100 mg. (Zingiber officinale) Surenjan mithian (Colchicum luteum) Khuraseni ajwain (Hyoscyamus Niger)

Dosage: 1-2 Capsules twice a daily or as directed by the Physician

Reduce pain and swelling in neck & shoulder etc, alternative to pain killer, useful in osteoarthritis and rheumatoid arthritis conditions, treats body stiffness and helpful in spondylitis.



य.आर.जे.जॉइंट+

MACA PLUS

Boosts Performance & Fertility

Each capsule serves : Lepidium meyenii Panax ginseng

Mara 100 mg Ginseng 100 mg Ashwagandha Withania somnifera 100 mg Kaunch beei Mucuna pruriens 50 ma Yohambine Pausinystalia johimbe 50 mg Shilaiit Asnhaltum 50 ma Horney goat weed Epimedium grandiflorum 50 mg Dosage: 1-2 Capsules twice a daily

or as directed by the Physician / dietician Useful in antidepressant induced sexual dysfunction, increasing libido, erectile dysfunction, boosting energy & endurance, increasing fertility, improving mood and chronic fatique syndrome (CFS).

FOOD SUPPLEMENTS NOT FOR MEDICINAL LISE





मका प्लस

CURCUMIN+

Boosts Immunity and Cares Bone & Joints

An Avurvedic Medicine

Each capsule contains dry extracts of: Curcuma longa

100 mg Hadjod Cissus quadragularis Devdaru Cedrus deodara 100 mg Colchicum autumnale 50 mg Linum usitatissimum 50 mg 40 mg Dal chini Cinnamomum verum Piper nigrum

Dosage: 1-2 Capsules twice a daily or as directed by the Physician

To boost immunity, as antibiotic and antiseptic, for joint pain related issues. For management of oxidative and inflammatory conditions, metabolic syndrome, arthritis, anxiety and hyperlipidemia. To foster proper bone cell growth, regeneration, proliferation and detoxification the entire body.

HORNY GOAT WEED

Lepidium Mevenii

Mucuna Pruriens

Penax Ginseng

Rhodiola Rosea

Useful in antidepressant induced sexual dysfunction.

increasing libido, erectile dysfunction, boosting energy

& endurance, increasing fertility, improving mood and

FOOD SUPPLEMENTS NOT FOR MEDICINAL USE

Chlorophytum Borivillianum 50 mg

Pausinystalia Johimbe 50 mg

100 mg

100 mg

50 ma

50 ma

Boosts Performance & Fertility

Each capsule serves :

Horny Goat Weed Epimudium

Dosane: 1-2 Cansules twice a daily

chronic fatigue syndrome (CFS). .

or as directed by the Physician / dietician









or as directed by the Physician / dietician Useful in exhaustion and at stressful jobs to reduce stress, anxiety and possibly even mild headache.
Useful in Attention deficit-hyperactivity disorder

(ADHD), powerhouse of valuable alkaloids and triterpene saponins that can improve memory &

Bacopa monnieri

Lavandula

Matricaria Chamomilla

Schisandra Chinensis

Valeriana officinalis

50 mg

FOOD SUPPLEMENTS NOT FOR MEDICINAL USE



रेलिकस-सर

DAILY FUEL MEN & WOMEN Multivitamin For Daily Needs Each capsule serves : (Amount per Serving is followed by % of daily value)

(Amount per Serving is followed by % of daily value)
Valamin & S. 500 LI, Valamin & C. 500 Gmg, Vatamin B 3:
400 IV, Valamin E: 60 IU. Thiamin (B-1): 2mg,
Richavin (B-2): 2mg, Niacin (B-3): 5mg, Valamin
B-6: Img, Folic Acid Zmg, Lycopene: 10% 30mg,
B-6: 5mg, Valamin B-6: 5mg, Valamin B-6: 5mg, Valamin
B-6: 1mg, Folic Acid Zmg, Lycopene: 10% 30mg,
SZmg, Golfine: 50 mg, Magnesim: 20 mg, ZimZomg, Copper: 1.5mg, Selenium: 30mg,
Largamine: 5mg, Almia Süng, Butheria 30mg,
Largamine: 5mg, Almia Süng, Green les: 10mg,
Largamine: 5mg, Almia Süng, Green les: 10mg,
Almio Süng, Green les: 10mg,
Almio Süng, Granis Süng, Granis Liching
Almio Süng, Granis Süng, Granis Liching
Namine: 5mg
Namine

Dosage: 1-2 Capsules twice a daily or as directed by the Physician / dietician

For daily energy needs. Improves performance, endurance and strength. Aids to healthy aging & good heart, reduces risk of cardiovascular disease, boosts immunity, uplifts mood, diminishes stress & anxiety, improves short term memory and maintains muscle health. Beneficial for overall health of

FOOD SUPPLEMENTS NOT FOR MEDICINAL USE

100 mg

50 mg

50 mg

50 mg



डैली फयल

SIRE

Maca Root

Kaunch Beei

Ginseng

Rhodiola

Safed Musli

Yohimbe

APPLE CIDER VINEGAR

Weight Management & Hair Care

Fach cansule serves :

Garcinia cambogia 100 mg Apple cider vinegar Malus domestica 100 mg 100 mg Beta vulgaris Green Tea Camellia sinensis 100 ma Terminalia arjuna 50 mg Salvia hispanica

Dosane: 1-2 Cansules twice a daily or as directed by the Physician / dietician

Triggers weight loss, manages obesity, lowers cholesterol and blood pressure. A natural remedy to improve blood sugar and insulin levels in diabetes. For Sinus infections, hair health and cure of small overgrowths over skin [Warts]

FOOD SUPPLEMENTS NOT FOR MEDICINAL USE

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होरनी गोट बीड

THYROID SAFE Thyroid & Hormone Management Each capsule serves : Bualeweed Lycopus europaeus Spinacia oleracea Withania somnifera Curcuma longa Turmeric Comminhora wightii Melissa officinalis Flax Seed Linum usitatissimum Selenium Dosage: 1-2 Capsules twice a daily or as directed by the Physician / dietician

SIRE

Unkeeps thyroid health, reduces risk for some goiters manages overactive thyroid gland and improves cognitive function. Good for mental performance,

enhances memory improves alertness following the loss of sleep, aids for better metabolism, keeps energy levels higher and has anti-stress effect. FOOD SUPPLEMENTS NOT FOR MEDICINAL USE



थाईरड सैफ

URIC ACID

Gout & Uric Acid Management

ach capsule serves :			
uranjan	Colchicum Luteum	100 mg	
rikatu	Traditional spices blend	100 mg	
our cherry	Prunus Cerasus	100 mg	
ugle weed	Urtica Dioica	50 mg	
elery	Apium Graveolens	50 mg	
asna Pluchea Lanceolata 5		50 mg	
andelion	Taraxacum officinale	50 mg	

or as directed by the Physician / dietician

Analgesic, Anti-inflammatory, Anti-arthritic, Anti-gout, Antirheumatic and Mild layative maintains proper levels of Uric Acid and balances excess Vatta (air) & Pitta (fire). Helpful in joint pain, boosts immunity, promotes proper digestion, enhances cardiac functioning, aids in weight management and augments liver functions.

FOOD SUPPLEMENTS NOT FOR MEDICINAL USE





यरिक ऐसिड

GREEN COFFEE BEANS

Weight Management & Healthy Metabolism Each capsule serves :



or as directed by the Physician / dietician Daily supplement for Weight management, Acts as Stress and Strain reliever, anti-oxidant and

anti-aging agent. Keeps one fit for day to day ENOD SUPPLEMENTS NOT FOR MEDICINAL USE



ग्रीन कॉफी बीन्स

Dosage: 1-2 Capsules twice a daily or as directed by the Physician / dietician

Play key role in healthy immune system & normal functioning of nerves, cells, muscle & bones, may treat bone loss (osteoporosis), weak bones (osteomalacia/rickets) and muscular diseases and reduces the risk of certain age related complications.

FOOD SUPPLEMENTS NOT FOR MEDICINAL USE



सरकाल डी-3

RAKAT-KR

Blood Purifier and Skin Health

An Ayurvedic Medicine Each capsule contains dry extracts of : Glycyrrhiza glabra 100 mg. Three Mylobrans 100 mg. Pluchea lanceolata 50 mg. Tinospora cordifolia Guduch 50 mg. Azadirachta indica 50 ma. 50 mg. Charvata Swertia chirata Maniishta Rubia cordifolia 50 mg

Dosage: 1-2 Cansules twice a daily or as directed by the Physician

Sire Rakat KR+ is a Blood Purifier that treats skin problems generally caused by impurities in the blood. It also helps in curing skin rashes, acne, pimples, hyper pigmentation, allergic skin lesions etc. It may improve overall health of skin. It may boost energy levels by getting rid of impurities in blood



SIRE

BEET ROOT

For Detoxification & Weight Management Each capsule serves :

Beetroot	Beta vulgaris	200 mg
Amla	Phyllanthus emblica	100 mg
Fenugreek Seeds	Trigonella foenum-graecum	50 mg
Kali Mirch	Piper nigrum	50 mg
Ginger	Zingiber officinale	50 mg
Apple Cider Vinegar	Malus domestica	50 mg

Dosage : 1-2 Cansules twice a daily or as directed by the Physician / dietician

Combination is enriched with essential nutrients such as Iron, Manganese, Potassium & Vitamin C. Also rich in fiber. It may be associated, Potassium & Vitamin C. Also rich in fiber. It may be associated with numerous health benefits such as detodification of the body, boosting immunity, lower choisesterol levels, management of diabetes, aid in weight loss, improvement of got lhealth, strengthering of stamma and acts as an inclined near each. It is good for skin and acts as an inclined panel. and acts as anti-aging agent.

FOOD SUPPLEMENTS NOT FOR MEDICINAL USE



सायर बीट रूट

GARLIC

Treats Diabetes, Liver Problems & Blood Pressure An Avurvedic Medicine

Each capsule contains dry extracts of: Allium sativum 500 mg* Garlic

Dosane : 1-2 Cansules twice a daily or as directed by the Physician

Reduces the Hardening of the arteries (atherosclerosis) and supports well-being of heart. Garlic may reduce pre-meal blood sugar levels, may reduce total cholesterol and low-density lipoprotein (LDL, "bad" cholesterol). May reduce systolic blood pressure and diastolic blood pressure, may help to improve liver health in people with liver disorders.



गारलिक

SIRE ANTACID

RELIEVES ACIDITY & GAS TROUBLE An Ayurvedic Medicine

Each capsule contains dry extracts of:			
Amla	Phyllanthus emblica	100 mg.	
Mulathi	Glycyrrhiza glabra	100 mg.	
Saunf	Foeniculum vulgare	50 mg.	
Dhania	Coriandrum sativum	50 mg.	
Harar	Terminalia chebula	50 mg.	
Tezapatta	Cinnamomum tamala	40 mg.	
Lavang	Syzygium aromaticum	10 mg.	
Black Pepper	Piper nigrum	33.3 mg.	
Sounth	Zingiber officinale	33.3 mg.	
mar and	Discount Comments	00.0	

Dosane : 1-2 Cansules twice a daily or as directed by the Physician

Antacid provides quick effective and lasting relief from acidity in stomach. It is used to treat symptoms of excessive stomach acid such as upset stomach, heartburn, and indigestion. It may be useful to get relief from issues such as belching, bloating, and feelings of pressure/discomfort in the stomach/gut due to excessive gas formation. It improves overall digestion.

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SIRE FENUGREEK DANA

Treats Diabetes & Menstrual Cramps

An Ayurvedic Medicine

Serving Size 1 Capsule	Serving Pe	r Container:	30 Caps.
Amount Per Serving: 3000	mg.	%Daily	Value**
Methi dana (Trigonella foenu	im-graecum)	Ext 6:1 Sd.	500 mg

Dosage: 1-2 Cansules twice a daily or as directed by the Physician.

Fenugreek supports well-being of respiratory and digestive system and relieves from inflammatory bowel disease. It is important in treatment of diabetes type 2. It is a digestive tonic and contains galactomannan that helps to control blood sugar levels. It is useful in menstrual cramps (dysmenorrhea) and sexual problems that prevent satisfaction during sexual activity. It could be useful for Enlarged prostate (benign prostatic hyperplasia or BPH). May be useful to control Obesity.



SIRE

STONET

Support Kidneys & Urinary Tract Infections

An Avurvedic Medicine

Each capsule contains dry extracts of:

Punarnava	Boermavia diffusa extract	200 mg
Varun	Crataeva nurvala extract	100 mg
Gokshur	Tribulus terrestris	100 mg
Kasni	Chicorium intybus extract	50 mg
Palash	Butea monosperma	50 ma

Dosage: 1-2 Capsules twice a daily or as directed by the Physician.

Crystallurea Burning Micturition, Poor Renal Functions, Urinary Tract Infections

मूत्र दर्द से आना, बूंद-बूंद आना, कैथेटर लगाकर मूत्र आना, कम आना, जलन से आना, पीक आना, परानी पथरी, मूत्रनेली सिक्डन मुत्रनली के घाव मुत्र व गुर्दे की सभी बिमारियां चन्द्र दिनों में दूर





स्टोनैट

Sirmon An Ayurvedic Medicine

tal Eye Care Formula	
mposition :	
nla	10%
rrar	10%
lsi	10%
lab	10%
ohitaki	5%
1000	190
vani	5%
em	12%
ldi	12%
ringraj	5%
narnava	10%
adhu	109
sill 1 2 desertie some 2 to 4 disease a desc	107

inflammatory eye disorder, eyestrain, dry eyes due to excessive use of computers



TULSI Drops

Anti Bacterial, Anti Viral & Anti Fungal

An Ayurvedic Medicine

Each 15 ml. serves extracts derived from 300ma **Bantulsi** 150mg Shyet tulsi Ram tulsi 300ma Kali tulsi 300mg Kapoori tulsi 150mg Indications : Anti-hecterial Antimicrobia

Anti-septic, Anti-oxidant, Anti-biotic, Anticough, Cold & fever. Best water purifier.

Directions: Take 1-2 drops in a glass of water or tea 4-5 times a day.

Use within 30 days after opening the bottle.

100% Satisfaction.

SIRE

SIRE

SIRE

UR-JOINT

Store in cool, dry & dark place,

.....

SOYA PROTEIN

Plant Based Protein Supplement Protein sources, i.e. SOYA, Milk Protein etc. Energy Source-Maltodextrins & sugar, Vitamins, Ashwagandha, Tribulus and Minerals.

Take 2 to 3 teaspoonful (appr. 7.5 g.) of SOYA with water after stirring at breakfast and another an hour before training work out.

Enriched with Brahmi & Sh

Body builders, fitness enthusiasts, Players & students have always dependent on protein to supply the budding blocks of muscle & drive performance. To maximize these benefits SOYA uses a perfect blend of proteins Complex Carbohydrates, Vitamins Minerals and Antioxidant to support protein synthesis and lean muscle mass gains. Nutrients like Fat Carbohydrates Minerals & Vitamins which helps in body development, increases stamina & builds Muscles. Also useful for pregnant women

Reduces pain and swelling in neck & shoulder

etc. Alternative to pain killer, Useful in

Osteoarthritis and Rheumatoid Arthritis



Sova



conditions, Treats body stiffness, and helpful in Spondylitis.

Excipients (methyl paraben sodium, propyl paraben sodium) Q.s. Please do not accept if the seal is broken Directions: 5 to 10 gms. with Normal water An Ayurvedic Medicine

DAILY ROG SAFA

system, piles, fissures and gastric upsets.

endha Namak Sendha Namak

An Ayurvedic Medicine

Excipients (methyl paraben sodium, propyl paraben sodium) Q.s.

Please do not accept if the seal is broken

Directions: 5 to 10 gms. with Normal water Bed Time for Chronic Constipation, Digestic Skin Diseases & Natural Immunity.

Daily Rog Safa Powder works as a moderate laxative

Which gives relief from hard stool constipation and

irregular bowel syndrome. Also usefull for digestive



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ulsi

अति उतम पाउडर।

गाउट, इरथराईटस, शिआटिका और जोड़ों के दर्द के लिए

Mr. Str. Str.



SIRE SIRBET

Controls diabetes, Prevents fluctuations of blood sugar levels & acts as an adjuvant to insulin or other oral Caution: Hypoglycemia individuals, Pregnant & feeding

Each 10 gm Powder Contains :		
MORINGA LEAVES	Moringa Oleifera	1000 m
JAMUN BEEJ	Syzygium Cumini	2000 m
KAKAMACI	Solanum Nigrum Linn	400 mg
DEVDARU	Cedrus Deodara	400 mg
METHI DANA	Trigonella Foenum-graecum	1500 m
GURMAR	Gymnema Sylvestre	400 mg
TEJ PATTRA	Cinnamomum Tamala	800 mg
	Tinospora Cordifolia	400 mg
KHADIRSARA	Senegalia Catechu	1000 m
KARELA	Momordica Charantia	800 mg

डैली रोग सफा से कब्ज और गैस दफा पाउडर

your DIABETES / 🙈 NATURALLY Excipients (methyl paraben sodium.

propyl paraben sodium) Q.s. Please do not accept if the seal is broken Directions: 5 to 10 gms. with Normal water for

An Avurvedic Medicine



increases stamina & builds Muscles. SOYA PROTEIN

SOYA PROTEIN

Protein sources, i.e. SOYA PROTEIN,

Plant Based Protein Supplement

breakfast and another an hour

before training work out.

and flavours

SIRF

Plant Based Protein Supplement

Protein sources, i.e. SOYA SUPRO, Milk Protein etc. Energy Source-Maltodextrins & sugar, Vitamins Ashwagandha, Tribulus and Minerals. Contains permitted colour and flavours.

Soy is naturally cholesterol-free and low in saturated fat, a great way to increase plant protein in diet and may have cardiovascular benefits, such as lowering blood pressure. Soy contains omega-3 fats, essential polyunsaturated fats and boosts fiber intake. It may lower risk of cardiovascular disease and is a source of vitamins and minerals too. Soy protein may help body builders, fitness enthusiasts, players & students by supplying huilding blocks of muscles. It may increase stamina and be useful for pregnant women.



सोया सूप्रो

SIRE DAILY FUEL

Natural Immunity Boosting Powder helps to maintain A healthy immune system & keeps you fit. Provides safety from common sickness like flue & cold

Works as antioxidant.			
Each 10 gm Powd	er Contains :		
ARJUNA	(Terminalia arjuna)	1000 m	
DALCHINI	(Cinnamomum verum)	500 mg	
FLEX SEED	(Linum usitatissimum)	500 mg	
SAUNF	(Foeniculum vulgare)	500 mg	
JEERA	(Cuminum cyminum)	500 mg	
METHI BEEJ	(Fengreek)	500 mg	
KALI MIRCH	(Piper nigrum)	200 mg	
ELACHI	(Elettaria cardamomum)	200 m	
AJWAIN	(Trachyspermum ammi)	500 mg	
MULATHI	(Glycyrrhiza glabra)	500 mg	
KALONGI	(Nigella Sativa)	200 mg	
MORINGA	(Moringa oleifera)	200 m	
KALA NAMAK	(Black salt)	0.5	

Excipients (methyl paraben sodium, propyl paraben sodium) Q.s. ase do not accept if the seal is broken Directions : 5 to 10 gms. with Normal water for Digestion & Natural Immunity An Ayurvedic Medicine

नेचुरल एमीयूनिटी बस्टर पाउडर

Dally Fuel

III AND THE CAME IN



सर सरबिट में गुडमार, करेला, मेथी, गिलोय और जामून के गुण हैं यह मधूमेह सहित कई बिमारियों









In Inflammation: 1-2 drops in eyes 5-6 times a day. Warning: If irritation persist or increases discontinue the use and consult physician Do not touch the tip of dropper if may contaminate the solution. Indications: Allergic or infective conjunctivitis,



आईसर

WHEAT GRASS

Energizer & Immunity Booster

An Ayurvedic Medicine

Each capsule contains dry extract of:

Wheatgrass (Pseudoroegneria spicata) 250 mg Moringa (Moringa oleifera) 100 mg Triphala (Emblica officinalis) 100 ma Giloy (Tinospora cordifolia) 50 mg

Benifits of Wheatgrass :-

- Excellent antioxidant action protects from free radical.
- ▶ Improves Hb level, eye sight & overcomes weakness
- Excellent co-therapy in cancer, diabetes, kidney problems and asthma.
- Improves digestion and metabolism.
- Provied energy and boost the immune system



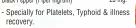
व्हीट ग्रास

PLATO-DS

Boosts Platelets Count

An Ayurvedic Medicine Each Capsules contains dry ext. derived from Herbs eq. to

Giloy (Tinospora cordifolia) 200 mg. Papaya (Carica papaya) 200 ma. Wheatgrass (Triticum aestivum) 100 ma. Aloevera (Aloe Barbadensis) 100 mg. Kiwi (Actinidia deliciosa) 50 mg. Tulsi (Ocimum tenuiflorum) 50 mg. Black Pepper (Piper nigrum) 25 ma.



- Also helpful in dengue.

- Helpful in all kind of flu & fever.

- Beneficial in indigestion and acidity.

Dosage: One capsule twice daily or as directed by the physician.

SIRE

MANGOSTEEN BERRY

Helps in Digestion and Relieves Constipation

Mangosteen is helpful to restore or maintain the health of gums and may help managing the weight. It may treat skin infections, wounds, dysentery, urinary tract infections and may work for gastrointestinal complaints. Mangosteen might be useful for dysentery and diarrhea.

Serving Size 1 Capsule Serving Per Container: 30 Caps. Amount Per Serving: 1800 mg. %Daily Value

Mangosteen (Garcinia mangostana) (from 300 mg ext.of 6:1)

"Daily value not established

Suggested Use: Two capsule per day with juice or water in मैनगोसटीन वेरी between meals or as directed by a healthcare practitioner. FOOD SUPPLEMENTS NOT FOR MEDICINAL USE







NONI

Boosts Immunity & Rejuvenating Formula

An Ayurvedic Medicine

Each capsule serves eq. value derived from herbs for daily

requirement: Morinda citrifolia 250 mg (Enriched with) 50 mg Amla 50 mg Galov Garcinia cambogia 50mg 50 mg 50 mg Mulathi Excinients

Morinda citrifolia :Natural gifted nutrient full of anti-oxidant, Vitamins & Minerals, which is required by our body, body cells & immune

Garcinia cambogia : Increases glycogen synthesis and decreases fatty acids synthesis at same time. This is unheard of in normal nutritional process

Amla: Rich in Vitamin-C, Calcium, Cellulose &





GOOSEBERRY

A Super Antioxidant Formula

An Ayurvedic Medicine

Amla or Indian Gooseberry is a Rich Rource of Natural Vitamin C. which is a Proven Immunity Booster, It also Contains Essential Minerals and Amino Acids along with Other Vital Nutrients. It Helps

in Getting Relief from Cough, Cold, Sore Throat, Flu etc. Amla has Cooling and Laxative Properties and is Very Beneficial for the Digestive System.

Sunnlement Facts

Serving Size 1 Capsule Serving Per Container: 30Caps Amount Per Serving: 1800 mg.

(from 300 mg ext.of 6:1)

Amla (Phyllanthus emblica)

**Daily value not established

Suggested Use: Two capsule per day with juice or water in between meals or as directed by a healthcare practitioner.



Gooseberry

गोजीबेरी

CRANBERRY

Total Kidney Care

Cranberry is used to lower the risk of urinary tract infection (UTI) and may nourish the skin as well. Cranberry is widely used as contributor to boost immunity. It is good source of various vitamins and antioxidants. It may reduce the risk of cardiovascular disease, lower the Blood Pressure and regulate blood

Serving Size 1 Capsule Serving Per Container: 30Caps. Amount Per Serving: 1800 mg. %Daily Value anberry (Vaccinium subg. Oxycoccus) (from 300 mg ext.of 6:1)

**Daily value not established

Suggested Use: Two capsule per day with juice or water in between meals or as directed by a healthcare practitioner FOOD SUPPLEMENTS NOT FOR MEDICINAL USE





SIRE

GREEN TEA

Weight Management & Antioxidant An Ayurvedic Medicine

Green Tea, a Powerful Dietary Supplement that Offers a Host of Benefits for Men and Women Seeking a Healthier Life: Assist in the Natural Weight Control. Strengthens Energy - Protection Against Free Radicals from Damaging Skin. A Rich Source of Polyphenols which Provides Powerful Antioxidant Protection Protecting Healthy Cells Against the Harmful Effects of Free Radical Molecules Caused by Toxins, Pollution, Smoke and Ultraviolet Rays.

Serving Size 1 Capsule Serving Per Container: 30Caps. Amount Per Serving: 1800 mg. %Daily Value*

Green tea (Camellia sinensis) (from 300 mg ext of 6:1) **Daily value not established

Suggested Use: Two cansule per day with juice or water in hetween meals or as directed by a physician.



ग्रीन टी

BLUEBERRY

A Super Antioxidant Formula

Blueberries contain a large number of Phytochemicals that may reduce risk of cardiovascular disease and type 2 diabetes. Blueberries may be helpful in Weight Maintenance and Neuro-protection. These may boost Gastrointestinal Microflora and contribute to Good Host Health. Also, may contribute as Anti-aging agent.

Serving Size 1 Capsule Serving Per Container: 30 Caps. Amount Per Serving: 1800 mg. %Daily Value Blue berry (Cyanococcus) (from 300 mg ext.of 6:1)

"Daily value not established

Weight Loss Formula

Suggested Use: Two capsule per day with juice or water in between meals or as directed by a healthcare practitioner. FOOD SUPPLEMENTS NOT FOR MEDICINAL USE

GREEN APPLE

Green apple may decreases the risk of

chronic diseases such as cardiovascular

diseases, asthma and diabetes, Has a

Decreases lipid oxidation, and lower

cholesterol. Rich in Vitamin A and C,

very strong antioxidant activity,

Improves bone health & boost

Amount Per Serving: 1800 mg.

"Daily value not established

metaholism



व्लय वेरी

SIRE

SEA BUCKTHORN

Rich in Omega 3, 6, 7 & 9

Has a large number of active nutrient to give skin a beautiful and healthy annearance Has skin regeneration and repair properties, Also, improves blood circulation, facilitates oxygenation of the skin, removes excess toxins from the body, protects against infections, prevents allergies, eliminates inflammation and inhibits the aging process. Also improves liver health

ouppromont racto		
Serving Size 1 Capsule	Servin	g Per Container: 30Caps.
Amount Per Serving: 180	0 mg.	%Daily Value**
See huckthorn (Minnonh	20)	(from 300 mg ovt of 6:1)

**Daily value not established

Suggested Use: Two capsule per day with juice or water in between meals or as directed by a healthcare practitioner

FOOD SUPPLEMENTS NOT FOR MEDICINAL USE



सी वक्कथोर्न

Suggested Use: Two capsule per day with juice or water in between meals or as directed by a healthcare practitioner. FOOD SUPPLEMENTS NOT FOR MEDICINAL USE

Serving Size 1 Capsule Serving Per Container: 30Caps

Green Apple (Malus domestica)(from 300 mg ext.of 6:1)



ग्रीन ग्रेपल

DRAGONBERRY

Rich in Vitamins & Antioxidants

Dragon berry is rich in antioxidants like Flavonoids, Phenolic Acid, and Betacyanin. Protects body cells from damage and premature aging. It is naturally fat-free and high in fiber. It lowers blood sugar makes it beneficial for diabetics. Also has prebiotic property that helps improving gut and digestive system. Good source of Iron and magnesium.

Serving Size 1 Capsule	Serving Per Container: 30Caps.
Amount Per Serving: 1800	mg. %Daily Value**
Dragon berry (Hylocereus undatus)(from 300 mg ext.of 6	

Suggested Use: Two capsule per day with juice or water in between meals or as directed by a healthcare practitioner. FOOD SUPPLEMENTS NOT FOR MEDICINAL USE





द्रश्गनवर्श

KIWIBERRY

For Overall Well-Being

Kiwiberries contain over 20 essential nutrients and a range of vitamins. One of the richest sources of vitamin C and the essential minerals such as potassium, calcium and zinc. Have antioxidant, anti-tumour and antiinflammatory properties. Improve gastrointestinal system. hypercholesterolemia and may be used for the prevention and treatment of some

inflammatory diseases

Serving Size 1 Capsule Serving Per Container: 30Caps Amount Per Serving: 1800 mg. %Daily Value Kiwi (Actinidia deliciosa) (from 300 mg ext.of 6:1)

Also for treatment of some non-allergic

Suggested Use: Two cansule per day with juice or water in between meals or as directed by a healthcare practitioner FOOD SUPPLEMENTS NOT FOR MEDICINAL USE

